



भारत सरकार
कार्मिक और प्रशिक्षण विभाग
कार्मिक, लोक शिकायत तथा पेंशन मंत्रालय
नोर्थ ब्लॉक, नई दिल्ली 110001
GOVERNMENT OF INDIA
DEPARTMENT OF PERSONNEL & TRAINING
MINISTRY OF PERSONNEL, PUBLIC GRIEVANCES
AND PENSIONS
NORTH BLOCK, NEW DELHI-110001

File No. 11012/2/2014-Welfare

20.03.2015

Circular

YOGA TRAINING SESSIONS

Department of Personnel and Training, Govt. of India is organising Yoga Training Sessions from 1st April 2015 for the benefit of Central Government Employees and their dependents at Grih Kalyan Kendra (GKK) Samaj Sadans as per enclosed list in association with Morarji Desai National Institute of Yoga, New Delhi. No registration/ training fees will be charged.

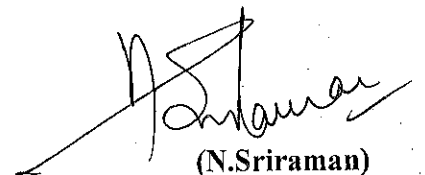
Timing - 06.30 AM to 08.30 AM
04.30 PM to 06.30 PM
(All days except Sundays / Gazetted holidays)

2. For registration for the Yoga Sessions kindly contact the officials of Grih Kalyan Kendra (GKK) present at the respective venues.

3. For inquires kindly contact: -

Phone Numbers - 24616219, 24648081, 24616218
Mobile Numbers - 8750070303, 9811770184
E-mail - grihkalyankendra@rediffmail.com

4. It is requested that this circular may be given wide publicity.


(N.Sriraman)
Director (Welfare), DOPT

To

- i) Administration Section, DOPT, Ministry of Personnel, PG and Pensions – The above circular may kindly be uploaded on DOPT website.
- ii) All AWOs / RWAs. } for dissemination among all govt. employees
- iii) Welfare Officer of all Ministries / Department of Government of India. } all subordinate / field offices may also be informed of the above activity



Details of Samaj Sadans in New Delhi Area

S. NO.	Name of the Samaj Sadans	Location
1	Andrews Ganj Extn	Opposite Hudco Place, W-Block
2	Lodhi Road Complex	Near Mehar Chand Market / Kendriya Vidyalaya
3	Peshwa Road	Near Gole Market
4	Sadiq Nagar	Sector-3, Near IOC Building
5	Pushp Vihar	Sector-1, Near CGHS Dispensary
6	Sector-4 R. K. Puram	Near Ramjas School & Near Market
7	Sector-7 R. K. Puram	Near Hope Hall School & Near Market
8	Raja Bazar, DIZ Area	Opposite Union Academy School, behind Emporia Buildings
9	Andrews Ganj	Behind DTC Bus Stand on Ring Road
10	Laxmi Bai Nagar	Near DTEA School & Near Market
11	Lodhi Colony	Near Main Market, Lodhi Colony
12	R.K. Ashram Marg	Near R.K.Ashram Marg Metro Station
13	Sarojini Nagar	Near Sarojini Market
14	Srinivas Puri	Near Cambridge School, Ring Road
15	Thyagraj Nagar	Next to Jagannath Temple & Near Thyagraj Stadium
16	Netaji Nagar	Near Main Market
17	Bharti Nagar	Opposite Dayal Singh College
18	Chanakypuri	Near Navy Children School
19	Moti Bagh 1	Near Begum Zaidi Market
20	Pandara Road	Near Bikaner House
21	P.V. Hostel	Near C.G.O Complex
22	Sector-1 R. K. Puram	Near Market
23	Sector-2 R. K. Puram	Near Market
24	Sector-3 R. K. Puram	Near Market
25	Nauroji Nagar	Near Market
26	Asia House	On Kasturba Gandhi Marg

Details of Samaj Sadans in Others Cities

S. NO.	Name of City	Address	Contact Numbers
1	Ghaziabad	D-8, NIH, Kamla Nehru Nagar, Ghaziabad - 201002	Shri R.R.Srivastav 9810917424
2	Faridabad	Samaj Sadan, Govt. Quarters, NH-IV, Near K.V. School-II, Faridabad - 121001	Shri Devender Singh 9810080124
3	Mumbai	Samaj Sadan, Ghatkoper, Mumbai - 400086	Shri A.A.Karmakar 09224274154
4	Chennai	Samaj Sadans i) K.K.Nagar - 600078 ii) Anna Nagar - 600040 iii) Basant Nagar – 600090	Shri S.M.Jayapalan 0944400788
5	Nagpur	i) Samaj Sadan, Seminary Hills, Nagpur – 440006 ii) Samaj Sadan, CPWD, Katol Road, Nagpur-400027	Sh. N. Somraj 09422129454
6	Kolkata	Samaj Sadan, K.B.Block, Salt Lake, Kolkata – 700098	Dr. Bivas Choudhary 09433248315
7	Dehradun	Samaj Sadans i) F.R.I., Chakrata Road, Dehradun- 248001 ii) Bhartiya Surakha Vibhag, Hatibarkala Estate, Dehradun - 248001	Shri D.B.Rana 09410504595
8	Bangalore	Samaj Sadans i) CPWD Quarters, Domlur, Bangalore – 560034 ii) CPWD Quarters, Koramangla, Bangalore – 560034 iii) CPWD Quarters , 6 gate, Vijay Nagarm, Bangalore – 560040	Smt. L.Sindhuja 09448236880